

Grocery List

We prefer foods free of artificial colors, artificial sweeteners, high fructose corn syrup, & MSG.

Condiments	Vegetables
Barbeque Sauce	Onions, Yellow
Peanut Butter	Cucumbers
Jam/ Jelly	Yams
Italian Dressing	Celery
Caesar Dressing	Romaine Lettuce
Mayonnaise	Bell Peppers/Mini Peppers
Meats	Baby Carrots
Chicken	Snap Peas
Hamburger Patties	Cauliflower
Ground Beef	Fruit
Sausage Patties	Bananas
Tuna Fish	Grapes
Bacon	Melons
Costco Cooked Chicken Package	Apples
Pork Butt/Shoulder	Oranges
Refrigerated	Frozen Fruit
Eggs	Baking Goods
Milk	Brownie Mix
Sour Cream	Cake Mix
Cream Cheese	Chocolate Chips
Cheddar Cheese, Sliced	Brown Sugar
Cheddar Cheese, Shredded	Granulated Sugar
Mozzarella Cheese, Shredded	Powdered Sugar
Parmesan Cheese, Shredded	Snacks
Yogurt	Flour Tortillas
Butter (real only please)	Chips
Cottage Cheese	Granola bars
Drinks	Kirkland Organic Fruit Snacks
Bottled Water	Salsa
100% Fruit Juice	
Hot Chocolate Packets	
Apple Cider Packets	